



今月の給食目標

給食のきまりを守って楽しく給食を食べよう

Main table with columns for Date, Main Dish, Drink, Main Course, Side Dish, Other, and Nutritional Information. Includes sub-headers for food groups like 'Main body tissue building' and 'Main body adjusting', and 'Energy' for elementary and middle schools. Includes callouts like 'Point!' and 'Ananobino no Hi'.

